

Torque Equivalents

Inch	Foot	Newton	Cent	Meter
Lbs	Lbs	Meters	Kilos	Kilos
1	0.1	0.1	1.2	0.0
10	0.8	1.1	11.5	0.0
20	1.7	2.3	23.0	0.0
30	2.5	3.4	34.6	0.1
40	3.3	4.5	46.1	0.2
50	4.2	5.7	57.6	0.3
60	5.0	6.8	69.1	0.5
70	5.8	7.9	80.6	0.6
80	6.7	9.0	92.2	0.7
90	7.5	10.2	103.7	0.8
100	8.3	11.3	115.2	0.9
110	9.2	12.4	126.7	1.0
120	10.0	13.6	138.2	1.2
130	10.8	14.7	149.8	1.3
140	11.7	15.8	161.3	1.4
150	12.5	16.9	172.8	1.5
160	13.3	18.1	184.3	1.6
170	14.2	19.2	195.8	1.7
180	15.0	20.3	207.4	1.8
190	15.8	21.5	218.9	2.0
200	16.7	22.6	230.4	2.1
210	17.5	23.7	241.9	2.2
220	18.3	24.9	253.4	2.3
230	19.2	26.0	265.0	2.4
240	20.0	27.1	276.5	2.5
250	20.8	28.3	288.0	2.6
260	21.7	29.4	299.5	2.8
270	22.5	30.5	311.0	2.9
280	23.3	31.6	322.6	3.0
290	24.2	32.8	334.1	3.1
300	25.0	33.9	345.6	3.2
310	25.8	35.0	357.1	3.3
320	26.7	36.2	368.6	3.5
330	27.5	37.3	380.2	3.6
340	28.3	38.4	391.7	3.7
350	29.2	39.6	403.2	3.8
360	30.0	40.7	414.7	3.9
370	30.8	41.8	426.2	4.0
380	31.7	42.9	437.8	4.1
390	32.5	44.1	449.3	4.3
400	33.3	45.2	460.8	4.4
410	34.2	46.3	472.3	4.5
420	35.0	47.5	483.8	4.6
430	35.8	48.6	495.4	4.7
440	36.7	49.7	506.9	4.8
450	37.5	50.9	518.4	5.0
460	38.3	52.0	529.9	5.1
470	39.2	53.1	541.4	5.2
480	40.0	54.2	553.0	5.3
490	40.8	55.4	564.5	5.4

Inch	Foot	Newton	Cent	Meter
Lbs	Lbs	Meters	Kilos	Kilos
500	41.7	56.5	576.0	5.5
510	42.5	57.6	587.5	5.6
520	43.3	58.8	599.0	5.8
530	44.2	59.9	610.6	5.9
540	45.0	61.0	622.1	6.0
550	45.8	62.1	633.6	6.1
560	46.7	63.3	645.1	6.2
570	47.5	64.4	656.6	6.3
580	48.3	65.5	668.2	6.5
590	49.2	66.7	679.7	6.6
600	50.0	67.8	691.2	6.7
610	50.8	68.9	702.7	6.8
620	51.7	70.1	714.2	6.9
630	52.5	71.2	725.8	7.0
640	53.3	72.3	737.3	7.1
650	54.2	73.5	748.8	7.3
660	55.0	74.6	760.3	7.4
670	55.8	75.7	771.8	7.5
680	56.7	76.8	783.4	7.6
690	57.5	78.0	794.9	7.7
700	58.3	79.1	806.4	7.8
710	59.2	80.2	817.9	7.9
720	60.0	81.4	829.4	8.1
730	60.8	82.5	841.0	8.2
740	61.7	83.6	852.5	8.3
750	62.5	84.8	864.0	8.4
760	63.3	85.9	875.5	8.5
770	64.2	87.0	887.0	8.6
780	65.0	88.1	898.6	8.8
790	65.8	89.3	910.1	8.9
800	66.7	90.4	921.6	9.0
810	67.5	91.5	933.1	9.1
820	68.3	92.7	944.6	9.2
830	69.2	93.8	956.2	9.3
840	70.0	94.9	967.7	9.4
850	70.8	96.0	979.2	9.6
860	71.7	97.2	990.7	9.7
870	72.5	98.3	1002.2	9.8
880	73.3	99.4	1013.8	9.9
890	74.2	100.6	1025.3	10.0
900	75.0	101.7	1036.8	10.1
910	75.8	102.8	1048.3	10.3
920	76.7	104.0	1059.8	10.4
930	77.5	105.1	1071.4	10.5
940	78.3	106.2	1082.9	10.6
950	79.2	107.4	1094.4	10.7
960	80.0	108.5	1105.9	10.8
970	80.8	109.6	1117.4	10.9
980	81.7	110.7	1129.0	11.1
990	82.5	111.9	1140.5	11.2
1000	83.3	113.0	1152.0	11.3